



Time Trial Promotion & Coronavirus 2020

FOR EVENTS HELD UNDER THE RULES AND REGULATIONS OF TLI CYCLING

The promotion of, or participation in, a Time Trial or any other form of competitive event must not increase the risk Covid 19 infection transmission for competitors, helpers, or the general public.

All organisers must inform competitors that they are not to compete in, or attend, any event if they, or anyone with whom they have recently been in close contact, has either tested positive for Covid 19 or displaying symptoms associated with Covid 19.

Volunteer helpers whose age and/or underlying health condition(s) places them at risk from Covid 19 should either have their offer politely declined, or be offered a role such as marshalling, where contact with others is minimal.

The overall principle is that all those involved in an event should: -

- Maintain the social distancing rules currently in force (1Mtr+) and not congregate in any group larger than permitted by Government Guidelines at the time of the event.
- Take all reasonable steps to reduce the possibility of physical transfer of infection by, regular hand-washing, use of hand sanitizers, and by minimising shared contact with objects.

Event Sign-on, Event numbers, Event Changing and Toilets:

Everyone must follow all social distancing and hygiene measures put in place by any venue manager, e.g, distance markers on floors etc.

Signing-on may take place inside the HQ where there is sufficient space to ensure social distancing, otherwise it must take place outdoors.

Signing-on will be supervised, at a distance, by an official who can check licenses where necessary and answer any questions.

Competitors should be asked to bring their own pens, but hand sanitizer must also be provided.

Disposable Numbers should be used where possible, and competitors should be asked to provide their own safety pins.

Re-usable numbers (where provided) will be collected after the event, without direct handling, and sanitized.

Changing. Competitors will be asked to change discreetly, either outdoors or in their vehicle or, if there is sufficient space to change in the HQ this must be socially distanced and for only a few competitors at any one time.

Toilet Areas will operate on a “one in-one out” basis, with a suitably spaced queue. All users must wash their hands.

Marshals:

Equipment used by marshals, such as HiViz, should not have been directly handled by others for 3 days prior to the event, or alternatively it will have been sanitized.

After the event it should not be handled directly by others.

Starting Area:

There will not be Pusher-off. Riders must self-start.

The starting timekeeper will maintain a distance of 1 Metre+ from starting riders and may choose to operate from a vehicle if space allows.

Riders will remain socially distanced from each other as they wait and should not arrive at the start area any sooner than necessary. It may also be necessary to have a helper controlling the start area.

Refreshments, Results and Prize Presentation:

Refreshments. If space and weather permit, refreshments may be served outdoors, with appropriate hygiene and distancing. All cups, plates and utensils will be disposable.

Results. If space and weather permit, a simple results board may be displayed outdoors.

Full results should be sent out to competitors by email, or posted on FB / Websites, as soon as possible after the event.

Competitors, helpers and others must not congregate or linger around the refreshments or results board.

Prize Presentations are not to be held. Prizes will be sent/transferred after the event.

Prepared with Thanks for the support from Mike Amery at BMCR and the guidance provided by CTT.
Yes, we really are all in this together!

(NJH July 2020 V1)